



THE
GREEK ORTHODOX
CHURCH
OF GREATER SALT LAKE



MARCH 14, 2021
FORGIVENESS SUNDAY,
ALSO CALLED CHEESEFARE SUNDAY

THE DIVINE LITURGY OF
ST. JOHN CHRYSOSTOM



CHURCHES



HOLY TRINITY CATHEDRAL

279 South 300 West,
Salt Lake City, UT 84101
(801) 328-9681

PROPHET ELIAS CHURCH

5335 Highland Drive,
Holladay, UT 84117
(801) 277-2693

CHURCHOFFICE@GOCSLC.ORG

CLERGY



V. Rev. Archimandrite GEORGE NIKAS - CATHEDRAL DEAN

frgeorge@gocslc.org (732) 232-1036

Rev. Presbyter PATRICK O'ROURKE - ASSISTANT PRIEST

frpatrick@gocslc.org (801) 896-4230

Rev. Protopresbyter GEORGE POLITIS - RETIRED

PARISH COUNCIL



2021 Parish Council Executive Board

President: George Karahalios

1st Vice President: Dimitri Gerontis

2nd Vice President: Dr. Demetrios
(Tykie) Skedros

Treasurer: Elpitha Votsis

Asst. Treasurer: Jacquelyn Contant

Rec. Secretary: Nico Priskos

Cor. Secretary: Lee Kapos

2021 Parish Council Members

Evan Dudley

Dorie Farah

Steve Gamvroulas

Maria Shilaos Nelson

George Pappas

Tim Reganis

Chris Sakellariou

Shawn Trujillo





SERVICES & MEMORIALS



TODAY

Sandra Calevas - 1-Year Memorial

PE

UPCOMING SCHEDULE



MONDAY, MAR. 15:

Great Compline

7:00 PM @ PE

- YAL EVENT: attend the service together and then participate in a roundtable discussion about Lent and our Life in Christ with our priests.

WEDNESDAY, MAR. 17:

Divine Liturgy of the Presanctified Gifts

6:00 PM @ PE

THURSDAY, MAR. 18:

Second Community Design Workshop:

6:00 PM via ZOOM

"Our Past in Our Future: The Hellenic Cultural Museum in Salt Lake City"

FRIDAY, MAR. 19:

Salutations to the Theotokos

7:00 PM @ Both churches

SATURDAY, MAR. 20: 3rd SATURDAY of SOULS

Orthros:

9:00 AM @ PE

Divine Liturgy:

10:00 AM @ PE

SUNDAY, MAR. 21: SUNDAY OF ORTHODOXY

Orthros:

9:00 AM

Divine Liturgy:

10:00 AM





HYMNS OF THE DAY



Resurrectional Apolytikion

Grave Mode

By means of Your Cross, O Lord, You abolished death. To the robber You opened Paradise. The lamentation of the myrrh-bearing women You transformed, and You gave Your Apostles the order to proclaim to all that You had risen, O Christ our God, and granted the world Your great mercy.

Apolytikion of Pentecost (for the Holy Trinity) Plagal 4th Mode

Blessed are You, O Christ our God, who made fishermen all-wise, sending upon them the Holy Spirit and, through them, netting the world. O Loving One, glory to You.

Apolytikion of the Prophet Elias

4th Mode

The incarnate Angel, the Cornerstone of the Prophets, the second Forerunner of the Coming of Christ, the glorious Elias (Elijah), who from above, sent down to Elisha the grace to dispel sickness and cleanse lepers, abounds therefore in healing for those who honor him.

Kontakion

Plagal 2nd Mode

O guide to wisdom, provider of prudence, disciplinarian of fools, and defender of the poor, fortify and discipline my heart, O Master; You, give me a word, O Word of the Father. For behold, I will not hinder my lips from crying to You: O merciful Lord, have mercy on me who have fallen.





ΥΜΝΟΙ ΤΗΣ ΗΜΕΡΑΣ



Ἀπολυτίκιον Ἀναστάσιμον.

Ἦχος βαρύς

Κατέλυσας τῷ Σταυρῷ σου τὸν θάνατον, ἠνέωξας τῷ Ληστῇ τὸν Παράδεισον, τῶν Μυροφόρων τὸν θρῆνον μετέβαλες, καὶ τοῖς σοῖς Ἀποστόλοις κηρύττειν ἐπέταξας· ὅτι ἀνέστης Χριστὲ ὁ Θεός, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

Ἀπολυτίκιον Πεντηκοστής (για τὴν Ἁγία Τριάδα)

Ἦχος πλ. δ΄

Εὐλόγητός εἰ Χριστὲ ὁ Θεὸς ἡμῶν ὁ πανσόφους τοὺς ἀλιεῖς ἀναδείξας καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ ἅγιον καὶ δι' αὐτῶν τὴν οἰκουμένην σαγηνεύσας φιλόανθρωπε δόξα Σοι.

Ἀπολυτίκιον Προφήτου Ηλιοῦ

Ἦχος δ΄

Ὁ ἑνσαρκὸς ἄγγελος, τῶν Προφητῶν ἡ κρηπὶς, ὁ δεῦτερος Πρόδρομος τῆς παρουσίας Χριστοῦ, Ηλίας ὁ ἑνδοξος, ἀνωθεν καταπέμψας, Ελισαίῳ τὴν χάριν, νόσους αποδιώκει, καὶ λεπρούς καθαρίζει, διό καὶ τοῖς τιμώσιν αὐτὸν βρῦει ἰάματα.

Κοντάκιον

Ἦχος πλ. β΄

Τῆς σοφίας ὁδηγέ, φρονήσεως χορηγέ, τῶν ἀφρόνων παιδευτά, καὶ πτωχῶν ὑπερασπιστά, στήριξον, συνέτισον τὴν καρδίαν μου Δέσποτα. Σὺ δίδου μοι λόγον, ὁ τοῦ Πατρὸς Λόγος· ἴδου γὰρ τὰ χεῖλη μου, οὐ μὴ κωλύσω ἐν τῷ κράζειν σοι· Ἐλεῆμον, ἐλέησόν με τὸν παραπεσόντα.





THE EPISTLE




Prokeimenon: Pray and return to the Lord Your God.

Verse: In Judah God is known; His name is great in Israel.

The reading is from Paul's
First Letter to the Romans. (13:11-14; 14:1-4)

Brethren, salvation is nearer to us now than when we first believed; the night is far gone, the day is at hand. Let us then cast off the works of darkness and put on the armor of light; let us conduct ourselves becomingly as in the day, not in reveling and drunkenness, not in debauchery and licentiousness, not in quarreling and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires. As for the man who is weak in faith, welcome him, but not for disputes over opinions. One believes he may eat anything, while the weak man eats only vegetables. Let not him who eats despise him who abstains, and let not him who abstains pass judgment on him who eats; for God has welcomed him. Who are you to pass judgment on the servant of another? It is before his own master that he stands or falls. And he will be upheld, for God is able to make him stand.





Ο ΑΠΟΣΤΟΛΟΣ




Προκείμενον: Εὔξασθε καὶ ἀπόδοτε Κυρίῳ τῷ Θεῷ ἡμῶν.

Στίχος: Γνωστὸς ἐν τῇ Ἰουδαίᾳ ὁ Θεός, ἐν τῷ Ἰσραὴλ μέγα
τὸ ὄνομα αὐτοῦ.

Πρὸς Ῥωμαίους Ἐπιστολῆς Παύλου
τὸ ἀνάγνωσμα. (13:11-14; 14:1-4)

Ἀδελφοί, νῦν ἐγγύτερον ἡμῶν ἢ σωτηρία ἢ ὅτε ἐπιστεύσαμεν. Ἡ νύξ προέκοψεν, ἡ δὲ ἡμέρα ἤγγικεν. Ἀποδώμεθα οὖν τὰ ἔργα τοῦ σκότους καὶ ἐνδυσώμεθα τὰ ὄπλα τοῦ φωτός. Ὅς ἐν ἡμέρᾳ εὐσχημόνως περιπατήσωμεν, μὴ κώμοις καὶ μέδαις, μὴ κοίταις καὶ ἀσελγείαις, μὴ ἔριδι καὶ ζήλῳ, ἀλλ' ἐνδύσασθε τὸν Κύριον Ἰησοῦν Χριστόν, καὶ τῆς σαρκὸς πρόνοιαν μὴ ποιῆσθε εἰς ἐπιθυμίας. Τὸν δὲ ἀσθενοῦντα τῇ πίστει προσλαμβάνεσθε, μὴ εἰς διακρίσεις διαλογισμῶν. Ὅς μὲν πιστεύει φαγεῖν πάντα, ὁ δὲ ἀσθενῶν λάχανα ἐσθίει. Ὁ ἐσθίων τὸν μὴ ἐσθίοντα μὴ ἐξουθενεῖτω, καὶ ὁ μὴ ἐσθίων τὸν ἐσθίοντα μὴ κρινέτω· ὁ Θεὸς γὰρ αὐτὸν προσελάβετο. Σὺ τίς εἶ ὁ κρίνων ἀλλότριον οἰκέτην; τῷ ἰδίῳ Κυρίῳ στήκει ἢ πίπτει, σταθήσεται δέ· δυνατὸς γάρ ἐστιν ὁ Θεὸς στήσαι αὐτόν.





THE GOSPEL



The reading is from the
Holy Gospel according to Matthew. (6:14-21)

The Lord said, "If you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses. And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by your Father who is in secret; and your Father who sees in secret will reward you. Do not lay up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there will your heart be also."






ΤΟ ΕΥΑΓΓΕΛΙΟΝ



Ἐκ τοῦ κατὰ Ματθαῖον ἀγίου Εὐαγγελίου
τὸ ἀνάγνωσμα. (6:14-21)

Εἶπεν ὁ Κύριος· Ἐὰν ἀφῆτε τοῖς ἀνθρώποις τὰ παραπτώματα αὐτῶν, ἀφήσει καὶ ὑμῖν ὁ πατὴρ ὑμῶν ὁ οὐράνιος· ἐὰν δὲ μὴ ἀφῆτε τοῖς ἀνθρώποις τὰ παραπτώματα αὐτῶν, οὐδὲ ὁ πατὴρ ὑμῶν ἀφήσει τὰ παραπτώματα ὑμῶν. Ὅταν δὲ νηστεύητε, μὴ γίνεσθε ὡς περ οἱ ὑποκριταὶ σκυθρωποί, ἀφανίζουσι γὰρ τὰ πρόσωπα αὐτῶν ὅπως φανῶσι τοῖς ἀνθρώποις νηστεύοντες· ἀμὴν λέγω ὑμῖν, ὅτι ἀπέχουσιν τὸν μισθὸν αὐτῶν. σὺ δὲ νηστεύων ἄλειψαί σου τὴν κεφαλὴν καὶ τὸ πρόσωπόν σου νίψαι, ὅπως μὴ φανῆς τοῖς ἀνθρώποις νηστεύων ἀλλὰ τῷ πατρί σου τῷ ἐν τῷ κρυπτῷ· καὶ ὁ πατὴρ σου ὁ βλέπων ἐν τῷ κρυπτῷ ἀποδώσει σοι ἐν τῷ φανερῷ. Μὴ θησαυρίζετε ὑμῖν θησαυροὺς ἐπὶ τῆς γῆς, ὅπου σῆς καὶ βρῶσις ἀφανίζει, καὶ ὅπου κλέπται διορύσσουσιν καὶ κλέπτουσιν· θησαυρίζετε δὲ ὑμῖν θησαυροὺς ἐν οὐρανῷ, ὅπου οὔτε σῆς οὔτε βρῶσις ἀφανίζει, καὶ ὅπου κλέπται οὐ διορύσσουσιν οὐδὲ κλέπτουσιν· ὅπου γὰρ ἐστὶν ὁ θησαυρὸς ὑμῶν, ἐκεῖ ἔσται καὶ ἡ καρδιά ὑμῶν.



GOYA LENTEN ACTIVITY

WHEN: Saturday, March 20,
10:00 AM

- We should try to all be in the Liturgy from the very beginning to the very end, so that we have reference for the points we'll talk about afterward.



WHERE: Prophet Elias

WHAT: Celebration of the Divine Liturgy and memorial for those who have gone before us, followed by a brief discussion of our place in the story of Christ and His Church, finishing up by serving our local community, placing 200 commemorative Greek flags in front of both our churches.

*How are the Divine Liturgy, our dead relatives,
Great Lent, and the anniversary of
Greek Independence related?*

*All GOYAns are welcome to come and explore these
questions and more!"*



PHILOPTOCHOS CORNER



Dear philoptohos sisters,

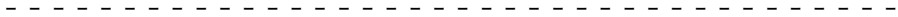
Thank you for coming out to support our membership drive and purse drop off. What a wonderful, successful day it was. We had over 80 members sign in and over 200 purses full of personal items. The purses will be distributed to the teen shelter, YWCA, refugee center, and to the House of Hope homes.

If you could not make it to the drive by, please consider joining Philoptochos with the form below.

Thank you all,
Cathy Neofitos

Next philoptohos meeting: Tuesday April 6, 7:30 via ZOOM

(Please detach and send a check payable to: Philoptochos Society)



Annual Membership Dues are \$30
Mail check and form to: Mary Katsanevas;
1911 E. Millbrook Drive, SLC, UT 84106

Name_____

Address_____

Phone_____Email_____

Membership \$30_____

Donation_____Total_____





ANNOUNCEMENTS



- **CALL FOR VOLUNTEERS - FEED UTAH FOOD DRIVE 3/20**

We will take part in the FEED UTAH FOOD DRIVE on Saturday, March 20, with both of our campuses serving as drive-in drop off locations. We need a total of 20 volunteers to help direct traffic and take donations from cars (10/location). Two shifts: 8am-10:30am, and 10:30am-1:00pm.

If you would like to participate, please reach out to Jacque Contant at jacquecontant@gmail.com or (334) 447 - 9643.

- **PART-TIME EVENTS COORDINATOR**

The church is looking for a strong and effective communicator, both written and verbal, with excellent interpersonal skills to fill our part-time Events Coordinator position. If you are interested please call or text Dorie Farah at 801-430-7921 by March 26th.

- **SUNDAY SCHOOL VIA ZOOM ONLY**

Out of an abundance of caution, we have suspended in-person Sunday School. Please contact Elenie Sefandonakis, Paul Karahalios, or Denise Nikols to gain access to the classes.


- **NEXT COMMUNITY DESIGN TOWNHALL**

Please join the Real Estate Committee on March 18 at 6:00PM via ZOOM to discuss the topic "Our Past in Our Future: The Hellenic Cultural Museum in Salt Lake City"

- **COVID-19 PROTOCOL**

Please remember that masks are required at all services and events.

In love for our friends and neighbors, if you are experiencing ANY symptoms which might be caused by the coronavirus - fever, cough, shortness of breath, sore throat, muscle aches - or have been around someone who has, if you have been tested and are awaiting results, or if you have been around someone else who has, please SEEK MEDICAL ATTENTION and STAY HOME. Please call Fr. George or Fr. Patrick if you or someone you know may be sick and in need of





LENTEN SERVICES



GREAT COMPLINE

| | | | |
|--------|----------|-----|----|
| Monday | March 15 | 7pm | PE |
| Monday | March 22 | 7pm | HT |
| Monday | March 29 | 7pm | PE |
| Monday | April 5 | 7pm | HT |
| Monday | April 12 | 7pm | PE |

PRE-SANCTIFIED LITURGY

| | | | |
|---|----------|-----|----|
| Wednesday | March 17 | 6pm | PE |
| Wednesday | March 24 | 6pm | HT |
| - (Great Vespers tonight – No Holy Communion) | | | |
| Wednesday | March 31 | 6pm | PE |
| Wednesday | April 7 | 6pm | HT |
| Wednesday | April 14 | 6pm | PE |


SALUTATIONS

| | | | |
|--------|----------|-----|---------------|
| Friday | March 19 | 7pm | BOTH CHURCHES |
| Friday | March 26 | 7pm | BOTH CHURCHES |
| Friday | April 2 | 7pm | BOTH CHURCHES |
| Friday | April 9 | 7pm | BOTH CHURCHES |
| Friday | April 16 | 7pm | BOTH CHURCHES |

SATURDAY OF SOULS

| | | |
|----------|-----|----|
| March 20 | 9am | PE |
|----------|-----|----|





Dear fellow parishioners,

It is with great pride that I inform you the Greek Orthodox Church of Greater Salt Lake and the Hellenic Cultural Association are in the process of observing the 200th anniversary of the independence of Greece the week of March, 25, 2021 in a nationally significant manner.

Our parish and the HCA plan to present the citizens of Utah a large Greek flag that recently was flown atop of the flagpole at the Acropolis in Athens, Greece where a blue and white banner was ceremoniously flown on March 25, 1821 to signal the end of 400 years of Ottoman (Turkish) rule over Greece.

The commemorative flag is a gift from H.E. the President of the Hellenic Republic Katerina Sakellaropoulou, the HCA and the Greeks of Salt Lake City. A certification letter from the Presidential guard accompanied the flags.

In a letter to us, the public relations director for the president, Maya Solomou, wrote: "President Sakellaropoulou would like to compliment the Greek Orthodox Community of Greater Salt Lake and the Hellenic Cultural Association on their project to observe the bicentennial anniversary of the independence of Greece, which constitutes an event of major significance."

The gift from our parish – very likely the only one like it in the U.S. – resulted from a suggestion by parishioner and HCA board member Mike Korologos.

Through the efforts of Mike, his brother Tom who is the former U.S. Ambassador to Belgium and Nick Larigakis, president and chief executive officer of the American Hellenic Institute in Washington D.C. The flag idea became a reality earlier this month when we received two commemorative banners from President Sakellaropoulou.

We extend a special thank you to Mike, his brother Tom, Mr. Larigakis and the AHI for the idea and assistance in making it a distinctive reality.

We hope to present one commemorative flag to Utah Gov. Spencer Cox during the week of March 25 (depending on the governor's schedule), at which time he will sign a proclamation declaring March 25, 2021 as "Greek Independence Day in Utah".

A duplicate commemorative flag also flown on the pole at the Acropolis is planned for display at the HCA museum in the lower level of the Holy Trinity Cathedral.

The commemorative flags were accompanied by a letter from the Commander of the Presidential Guard in Athens certifying the flags were raised on the Acropolis pole. Photographs of those ceremonies were included with the flags. (see reverse)

Other bicentennial observance activities planned by our church are:

During the week of March 25, the HCA will place 200 6"x8" flags, and a banner on the lawns of both Holy Trinity Cathedral and Prophet Elias Greek Orthodox Church in honor of the bicentennial.

The Very Rev. George Nikas and Rev. Patrick O'Rourke will conduct a liturgy Thursday, March 25, 10 a.m. at Holy Trinity Cathedral, followed by a Doxology commemorating the 200-year anniversary of Greek Independence.

The flagpoles at both churches will fly Greek flags during the week of March 25th. I encourage all parishioners to display Greek flags from our homes, porches, balconies, windows, lawns and store fronts during the week. That would be a fun and meaningful way to showcase the pride of our heritage and commemorate the historic day.

Sincerely,

George Karahalios,
Parish Council President



The flag being raised at the Acropolis.



The same flag, with HCA President Jeanine Timothy.

ΠΡΟΕΔΡΙΚΗ ΦΡΟΥΡΑ

ΒΕΒΑΙΩΣΗ

Βεβαιώνεται ότι οι σημαίες αυτές χρησιμοποιήθηκαν από την Προεδρική Φρουρά για την επίσημη έπαρση και υποστολή στον Ιερό Βράχο της Ακρόπολης.

Αθήνα, 18 Φεβ 2021

-Ο-
Βεβαιών

Ανχης (ΠΖ) Γεώργιος Μπεσσύρης
ΔΙΟΙΚΗΤΗΣ

PRESIDENTIAL GUARD

CERTIFICATION

It is certified that these flags were used by the Presidential Guard for the official raising and lowering at the Sacred Rock of the Acropolis.

Athens, February 18th, 2021

Commander George Bessiris

