

GREEK  
ORTHODOX CHURCH  
of GREATER SALT LAKE



“We venerate Your Cross, O Christ,  
and Your holy Resurrection we glorify”

SUNDAY of  
the HOLY CROSS

APRIL 7, 2024

THE DIVINE LITURGY  
of ST. BASIL



# CHURCHES



## HOLY TRINITY CATHEDRAL

279 South 300 West  
Salt Lake City, UT 84101  
(801) 328-9681

## PROPHET ELIAS CHURCH

5335 Highland Drive  
Holladay, UT 84117  
(801) 328-9681

[churchoffice@gocslc.org](mailto:churchoffice@gocslc.org)

# CLERGY



V. Rev. Archimandrite GEORGE NIKAS ~ CATHEDRAL DEAN  
[frgeorge@gocslc.org](mailto:frgeorge@gocslc.org) (732) 232-1036

Rev. Presbyter SIMEON PARDALIS ~ ASSISTANT PRIEST  
[frsimeon@gocslc.org](mailto:frsimeon@gocslc.org) (801) 592-4886

Rev. Protopresbyter GEORGE POLITIS ~ RETIRED

# PARISH COUNCIL



## 2024 EXECUTIVE BOARD

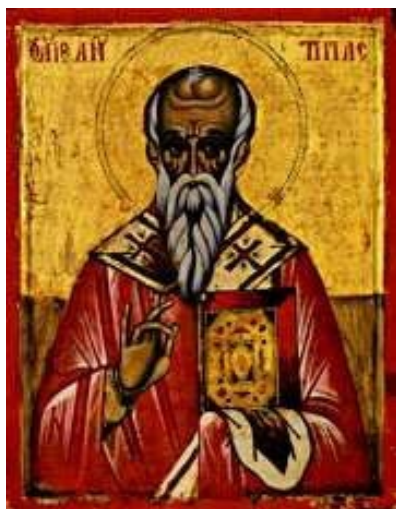
President: George Karahalios  
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## 2024 MEMBERS AT LARGE

Frank Corbett  
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Nick Vekiarides



# HIEROMARTYR ANTIPAS, BISHOP of PERGAMUM



Saint Antipas was a contemporary of the holy Apostles, by whom he was made Bishop of Pergamum. He contested during the reign of Domitian, when he was cast, as it is said, into a bronze bull that had been heated exceedingly. The Evangelist John writes of him in the Book of Revelation, and says (as it were from the mouth of Christ, Who says to the Angel [that is, the Bishop] of the Church of Pergamum): "I know thy works, and where thou dwellest, even where Satan's seat is; and thou holdest fast My Name, and hast not denied My Faith, even in those days wherein Antipas was my faithful Martyr, who was slain among you, where Satan dwelleth" (Rev. 2:13). The faithful pray to this Saint for ailments of the teeth.



# THIS WEEK'S SCHEDULE



## SUNDAY, APRIL 7 - Veneration of the Holy Cross

Orthros / Divine Liturgy	9:00am - 11:00am	@ Both Churches
Sr. GOYA Dance Practice	2:00pm - 4:00pm	@ PE Lg Gym
Dionysius Dance Practice	2:00pm - 4:00pm	@ PE Sm Gym
Minotavros Meeting	4:00pm - 5:30pm	@ PE Sm Gym

## MONDAY, APRIL 8

Great Compline	6:00pm - 7:00pm	@ PE
Girl Scouts Meeting	6:30pm - 8:30pm	@ PE Sm Gym

## TUESDAY, APRIL 9

HCA Meeting	6:00pm - 8:00pm	@ HT
Greek School	6:30pm - 8:00pm	@ PE
Living Your Orthodox Faith	7:00pm - 8:30pm	@ PE Boardroom
Dionysius Dance Practice	8:30pm - 10:30pm	@ PE Sm Gym

## WEDNESDAY, APRIL 10

Presanctified Liturgy	6:00pm - 7:30pm	@ PE
Cub Scouts Meeting	6:00pm - 7:00pm	@ PE Sm Gym
Jr. GOYA Dance Practice	6:00pm - 8:00pm	@ HT

## THURSDAY, APRIL 11

Young at Heart Luncheon	12:00pm - 2:00pm	@ HT
Greek School	6:30pm - 8:00pm	@ PE
Choir Practice	7:00pm - 8:00pm	@ PE Choir Room
Bible Study	7:00pm - 8:00pm	@ PE Boardroom
Dionysius Dance Practice	8:30pm - 10:30pm	@ PE Sm Gym

## FRIDAY, APRIL 12

4th Salutations	7:00pm - 8:30pm	@ PE
Boy Scouts Meeting	6:00pm - 7:00pm	@ Sm Gym

## SATURDAY, APRIL 13

YAL Cleaning Church Service Project	10:00am - 12:00pm	@ PE
Greek School	10:00am - 1:00pm	@ HT
YAL Cleaning Church Service Project	2:00pm - 4:00pm	@ HT

## SUNDAY, APRIL 14

Orthros / Divine Liturgy	9:00am - 11:00am	@ Both Churches
Sr. GOYA Dance Practice	2:00pm - 4:00pm	@ PE Lg Gym
Dionysius Dance Practice	2:00pm - 4:00pm	@ PE Sm Gym



# MEMORIALS & SERVICES



TODAY, APRIL 7

HOLY TRINITY

Pantelis Panteli: 3 ~ Year Memorial  
Michael (Mitch) Manousakis: 7 ~ Year Memorial  
Helen Manousakis: 37 ~ Year Memorial  
Georgia Iatrakis: 49 ~ Year Memorial  
George Manousakis: 68 ~ Year Memorial  
Christos Iatrakis: 68 ~ Year Memorial

SUNDAY, APRIL 14

HOLY TRINITY

Stella Saltas: 6 ~ Month Memorial  
Chris Metos: 5 ~ Year Memorial  
Tony Mason: 5 ~ Year Memorial

SUNDAY, APRIL 21

PROPHET ELIAS

George Vanikiotis: 3 ~ Month Memorial

SUNDAY, APRIL 28

PALM SUNDAY





# ΥΜΝΟΙ ΤΗΣ ΗΜΕΡΑΣ



## Ἀπολυτίκιον Ἀναστάσιμον

Εὐφραινέσθω τὰ οὐράνια, ἀγαλλιάσθω τὰ ἐπίγεια, ὅτι ἐποίησε κράτος ἐν βραχίονι αὐτοῦ, ὁ Κύριος ἐπάτησε τῷ θανάτῳ τὸν θάνατον· πρωτότοκος τῶν νεκρῶν ἐγένετο· ἐκ κοιτίας ἄδου ἐρρύσατο ἡμᾶς, καὶ παρέσχε τῷ κόσμῳ τὸ μέγα ἔλεος.

## Τῆς Ἑορτῆς

Σῶσον, Κύριε, τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος, καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

## Ἀπολυτίκιον Πεντηκοστής (για τὴν Ἁγία Τριάδα)

Εὐλογητός εἶ Χριστέ ὁ Θεὸς ἡμῶν ὁ πανσόφους τοὺς ἀλιεῖς ἀναδείξας καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ ἅγιον καὶ δι' αὐτῶν τὴν οἰκουμένην σαγηνεύσας φιλάνθρωπε δόξα Σοι.

## Ἀπολυτίκιον Προφήτου Ἡλιοῦ

Ὁ ἑνσαρκὸς ἄγγελος, τῶν Προφητῶν ἡ κρηπὶς, ὁ δεῦτερος Πρόδρομος τῆς παρουσίας Χριστοῦ, Ἡλίας ὁ ἐνδοξος, ἀνωθεν καταπέμψας, Εἰσαίω τὴν χάριν, νόσους αποδιώκει, καὶ λεπρούς καθαρίζει, διό καὶ τοῖς τιμῶσιν αὐτὸν βρῦει ἰάματα.

## Κοντάκιον

Τῆ ὑπερμάχῳ στρατηγῷ τὰ νικητήρια, Ὡς λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια, Ἀναγράφω σοι ἡ Πόλις σου Θεοτόκε. Ἄλλ' ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, Ἐκ παντοίων με κινδύνων ἐλευθέρωσον, Ἴνα κράζω σοι· Χαῖρε νύμφη ἀνύμφευτε.



# HYMNS OF THE DAY



## Resurrectional Apolytikion

Let the heavens be glad. Let the earth rejoice exceedingly. For the Lord has shown strength with his arm. He trampled death by death. He became the first-born of the dead. Out of the belly of Hades, He has rescued us, and to the world He has granted the great mercy.

## For the Feast

Save, O Lord, Your people and bless Your inheritance, granting victory to the faithful over the enemy, and by Your Cross protecting Your commonwealth.

## Apolytikion of Pentecost (for the Holy Trinity)

Blessed are You, O Christ our God, who made fishermen all-wise, sending upon them the Holy Spirit and, through them, netting the world. O Loving One, glory to You.

## Apolytikion of the Prophet Elias

The incarnate Angel, the Cornerstone of the Prophets, the second Forerunner of the Coming of Christ, the glorious Elias (Elijah), who from above, sent down to Elisha the grace to dispel sickness and cleanse lepers, abounds therefore in healing for those who honor him.

## Kontakion

O Champion General, I your City now inscribe to you Triumphant anthems as the tokens of my gratitude, Being rescued from the terrors, O Theotokos. Inasmuch as you have power unassailable, From all kinds of perils free me, so that unto you I may cry aloud: Rejoice, O unwedded Bride.



# Ο ΑΠΟΣΤΟΛΟΣ



**Προκείμενον:**

Σῶσον, Κύριε,  
τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου.

**Στίχος:**

*Πρὸς σέ, Κύριε, κεκράξομαι, ὁ Θεός μου,  
μὴ παρασιωπήσης ἀπ' ἐμοῦ.*

**Πρὸς Ἑβραίους Ἐπιστολῆς Παύλου τὸ ἀνάγνωσμα**

(4:14-16, 5:1-6)

Ἀδελφοί, ἔχοντες ἀρχιερέα μέγαν διεληλυθότα τοὺς οὐρανοὺς, Ἰησοῦν τὸν υἱὸν τοῦ Θεοῦ, κρατῶμεν τῆς ὁμολογίας. οὐ γὰρ ἔχομεν ἀρχιερέα μὴ δυνάμενον συμπαθεῖν ταῖς ἀσθενείαις ἡμῶν, πεπειραμένον δὲ κατὰ πάντα καθ' ὁμοιότητα χωρὶς ἁμαρτίας. προσερχόμεθα οὖν μετὰ παρησίας τῷ θρόνῳ τῆς χάριτος, ἵνα λάβωμεν ἔλεον καὶ χάριν εὐρωμεν εἰς εὐκαιρον βοήθειαν. Πᾶς γὰρ ἀρχιερεὺς ἐξ ἀνθρώπων λαμβανόμενος ὑπὲρ ἀνθρώπων καθίσταται τὰ πρὸς τὸν Θεόν, ἵνα προσφέρῃ δῶρά τε καὶ θυσίας ὑπὲρ ἁμαρτιῶν, μετριοπαθεῖν δυνάμενος τοῖς ἀγνοοῦσι καὶ πλανωμένοις, ἐπεὶ καὶ αὐτὸς περικείται ἀσθένειαν· καὶ διὰ ταύτην ὀφείλει, καθὼς περὶ τοῦ λαοῦ, οὕτω καὶ περὶ ἑαυτοῦ προσφέρειν ὑπὲρ ἁμαρτιῶν. καὶ οὐχ ἑαυτῷ τις λαμβάνει τὴν τιμὴν, ἀλλὰ καλούμενος ὑπὸ τοῦ Θεοῦ, καθάπερ καὶ Ἄαρών. οὕτω καὶ ὁ Χριστὸς οὐχ ἑαυτὸν ἐδόξασε γεννηθῆναι ἀρχιερέα, ἀλλ' ὁ λαλήσας πρὸς αὐτόν· υἱός μου εἶ σύ, ἐγὼ σήμερον γεγέννηκά σε· καθὼς καὶ ἐν ἑτέρῳ λέγει· σὺ ἱερεὺς εἰς τὸν αἰῶνα κατὰ τὴν τάξιν Μελχισεδέκ.







# THE EPISTLE



## Prokeimenon:

O Lord, save Your people,  
and bless Your inheritance.

## Verse:

*To You, O Lord, I cry; O my God,  
may You not pass over me in silence.*

The reading is from Paul's Letter to the Hebrews

(4:14–16, 5:1–6)

Brethren, since we have a high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him, "You are my Son, today I have begotten you"; as he says also in another place, "You are a priest for ever, after the order of Melchizedek."





# ΤΟ ΕΥΑΓΓΕΛΙΟΝ



Ἐκ τοῦ κατὰ Μάρκον ἁγίου Εὐαγγελίου τὸ ἀνάγνωσμα

(8:34–38, 9:1)

Εἶπεν ὁ Κύριος· Ὅστις θέλει ὀπίσω μου ἀκολουθεῖν, ἀπαρνησάσθω ἑαυτὸν καὶ ἀράτω τὸν σταυρὸν αὐτοῦ, καὶ ἀκολουθείτω μοι. ὃς γὰρ ἂν θέλη τὴν ψυχὴν αὐτοῦ σῶσαι, ἀπολέσει αὐτήν· ὃς δ' ἂν ἀπολέσῃ τὴν ἑαυτοῦ ψυχὴν ἕνεκεν ἔμοῦ καὶ τοῦ εὐαγγελίου, οὗτος σώσει αὐτήν. τί γὰρ ὠφελήσει ἄνθρωπον ἐὰν κερδήσῃ τὸν κόσμον ὅλον, καὶ ζημιωθῇ τὴν ψυχὴν αὐτοῦ; ἢ τί δώσει ἄνθρωπος ἀντάλλαγμα τῆς ψυχῆς αὐτοῦ; ὃς γὰρ ἐὰν ἐπαισχυνθῇ με καὶ τοὺς ἔμοῦς λόγους ἐν τῇ γενεᾷ ταύτῃ τῇ μοιχαλίδι καὶ ἁμαρτωλῷ, καὶ ὁ υἱὸς τοῦ ἀνθρώπου ἐπαισχυνθήσεται αὐτὸν ὅταν ἔλθῃ ἐν τῇ δόξῃ τοῦ πατρὸς αὐτοῦ μετὰ τῶν ἀγγέλων τῶν ἁγίων. Καὶ ἔλεγεν αὐτοῖς· ἀμὴν λέγω ὑμῖν ὅτι εἰσὶ τινες τῶν ὧδε ἐστηκότων, οἵτινες οὐ μὴ γεύσωνται θανάτου ἕως ἂν ἴδωσι τὴν βασιλείαν τοῦ Θεοῦ ἐληλυθυῖαν ἐν δυνάμει.



# THE GOSPEL



The reading is from the holy Gospel according to Mark

(8:34–38, 9:1)

The Lord said: “If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel’s will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels.” And he said to them, “Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power.”

# LENTEN SERVICES SCHEDULE



## 2024 LENTEN SERVICES

All of the below Lenten Services will be held at  
Prophet Elias Greek Orthodox Church

### GREAT COMPLINE

Monday April 8 6pm

Monday April 15 6pm

### PRE-SANCTIFIED LITURGY

Wednesday April 10 6pm - Daughters of Minos

Wednesday April 17 6pm - Pan Arcadians

### SALUTATIONS

Friday April 5 7pm

Friday April 12 7pm

Friday April 19 7pm (Akathyst)





# SPECIAL OFFERINGS FOR HOLY WEEK



The following items are needed to decorate our two churches for Holy Week & Pascha, and to provide for the particular liturgical needs for the various sacred services. Your generous donations directly underwrite these costs, and accentuate the joyful-sorrow (χαρμολύπη) of Christ's Passion, and the radiance of His Resurrection. Please make checks payable to Greek Orthodox Church of Greater Salt Lake (memo: *Easter Donation*)

1. Palms to be distributed on Palm Sunday
2. Palm trees to be placed inside the churches on Palm Sunday
3. Flowers to decorate the Icon of Christ *The Bridegroom* (Nymphios)
4. Olive oil & cotton balls for Holy Unction
5. Eggs & red dye
6. Flowers for the base of the Crucifix on Holy Thursday
7. Flowers for the wreath to adorn the Crucifix on Holy Thursday
8. Candles for the Crucifix on Holy Thursday (3 sets of 3)
9. Candles for the 12 Gospels readings on Holy Thursday
10. Gardenias to be placed on the top of the Epitaphios
11. Flowers for the wreath of the Resurrection Banner
12. Bay leaves for Holy Saturday morning
13. Flowers for the wreath of the Resurrection Banner
14. Flowers to decorate the icon of the Resurrection
15. Resurrection candles for the clergy
16. Dozens of lilies to decorate the churches for Pascha & Bright Week



# LIVING YOUR ORTHODOX FAITH

Interested in  
learning more about  
the Orthodox Faith?

Have questions on  
"Orthodox Praxis -  
the practical aspects  
of our Faith?"

All, especially Young  
Adults, are  
encouraged to join us  
for a fun &  
informative  
discussion class with  
Fr. George.

This is a continuation  
of Orthodoxy 101  
taught by the Athens  
Brothers and is  
intended for all who  
desire to learn more  
about the traditions  
of Orthodoxy.

ON TUESDAYS  
BEGINNING MARCH 12, 2024  
7:00 PM - 8:30 PM  
PE - BOARDROOM

FASTING

SAINTS

HOLY  
COMMUNION

ANGELS &  
DEMONS

LITURGICAL  
PRACTICES

POP  
CULTURE  
& YOU

SCRIPTURE

SOCIAL ISSUES



TOPICS SUCH AS:

# BIBLE STUDY & RE-CATECHISM CLASS

with Fr. Simeon

Every Thursday at  
7:00pm starting  
3/28/2024  
St. Sophia Board Room  
at Prophet Elias



MINOS CHAPTER, DAUGHTERS OF MINOS, & MINOTAVROS PRESENT

# MOVIE NIGHT

## "WHEN MERCURY HELD HIS BREATH"

PAA CULTURAL & EDUCATIONAL EVENT

A UNIQUE EXPERIENCE TO VIEW A DOCUMENTARY ON THE BATTLE OF CRETE

SUNDAY, MAY 19, 2024

5:30 PM | DOORS OPEN AT 5:00 PM

MEGAPLEX JORDAN COMMONS

9335 S STATE STREET  
SANDY, UT 84070

TICKETS: \$15

PRESALE ONLY!!

*SEATING IS LIMITED*

*BUY TICKETS USING THE*

*QR CODE OR VISIT*

[WWW.EVENTCREATE.COM/E/THE-BATTLE-OF-CRETE-PRIVATE](http://WWW.EVENTCREATE.COM/E/THE-BATTLE-OF-CRETE-PRIVATE)







# *SAVE* THE *DATE*

—  
SATURDAY  
OCTOBER 19,  
2024  
—



—  
GRAND AMERICA  
HOTEL  
SALT LAKE CITY, UTAH  
—

HOLY TRINITY CATHEDRAL

## *100 YEAR ANNIVERSARY GALA*

GALA SPONSORSHIP OPPORTUNITIES AND COMMEMORATIVE ALBUM  
ADVERTISEMENTS INFORMATION TO FOLLOW

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## The Hellenic Cultural Association's Holy Trinity Church Through the Years



*The first outing of the Panahaikos Society was held on August 23, 1936.*

*Photo: HCA Museum*

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## The Hellenic Cultural Association's Holy Trinity Church Through the Years

The 1920s were the prime times of Greek immigrant life in Utah. By then the early immigrants had become American citizens; they were older and with money saved.

Many of the Panhellenic unions were disbanded and other Greek organizations -- many still in existence -- took their place. Most were comprised of members representing a common origin in certain areas of Greece, others more oriented toward life in America. Women's auxiliaries and young people's groups were also established. Among the early Greek organizations were:

- The Minos Club represented the Greeks from Crete.
- Athanasios Diakos' membership was composed of men from the Roumeli province of Greece.
- The Arcadian Brotherhood consisted of men from the Peloponnese (mainly Arcadia).
- Salt Lake City's Panahaikos drew members from the province of Ahaioelidos.
- AHEPA (American Hellenic and Educational Progressive Association) was organized primarily to counteract hostility toward Greeks by being oriented towards assimilation with emphasis on the use of English.
- GAPAA (Greek American Progressive Association) was organized primarily to preserve the Greek language and traditions. (Their favorite gathering was the mountain picnic with lambs roasting on spits.)
- In September, 1932 Salt Lake City attorney N.J. Cotro-Manes became the new commander of Hellenic Post #40 of the American Legion. Other officers were James Cozakos, Theodore Marganis, James C. Skedros, John K. Praggastis, George Koucas, and Mike Koucklis.
- In June, 1934 the District 30 of AHEPA annual convention in Salt Lake City attracted several hundred delegates from throughout the West. Local members on the convention committee included P.S. Marthakis, past national vice president; Tom Politz, Sam Kounalis, N.J. Cotro-Manes, Harry Metos and Chris Athas.

*Sources: Helen Zeece Papanikolas: **Toil and Rage in A New Land**;  
Constantine Skedros: **Faith and Fervor.***

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## Hellenic Cultural Association Announces:

### Utah State Historical Society and Museum Services Workshop

**When:** [April 10, 2024](#), from 1:00 to 4:00 p.m.

**Where:** Salt Lake Hilton

**Cost:** FREE

**Goal:** Teach attendees how to care for historic collections and family heirlooms.

Attendees are encouraged to bring an object important to you. This can be a photo, a scrapbook, recipe card, textile, etc. Workshop instructors will assist those who are interested in creating small storage spaces for their heirloom objects to extend the life of the objects.

For all who plan to attend this free workshop, please send the following:

1. Name
2. Email address or phone number
3. If you will have an important object with you at the workshop

Email your information to [Jeannine.timothy@gmail.com](mailto:Jeannine.timothy@gmail.com)  
or text to Jeannine's cell phone 801-558-7692

**Deadline: April 2**

### PAN ARCADIAN WESTERN DISTRICT SCHOLARSHIP 2024

*The application for the scholarship is available at:*

<http://www.panarcadianwest.org/news>

*Applicants must have a grandparent or parent be a member of the local Arcadian Chapter #90 OR be a member herself/himself.*

*Postmark deadline is May 28, 2024.*

*Please contact Karen Anastasopoulos for any information or with any questions regarding the scholarship-*

*karenanast@gmail.com or 801-913-2414.*



# Spring 2024 Special Lecture Series

## Beyond the Parthenon

Ancient Wisdom from Greek Architecture  
for the Modern World



Dr. Vassilis Ganiatsas, PhD  
Professor NTUA Athens, Greece

**April 11 - 6pm**

UVU Campus - Room CS404

**Michail Soumas**

"The Temple of Epicurius Apollo at Bassae: A new interpretive framework and a proposal for reforming the archeological site"

**April 17 - 6pm**

UVU Campus - Lakeview Room at the Fulton Library

**Dr. Vassilis Ganiatsas, PhD**

"Traditional, Classical, and Modern Paradigms in Architectural Design"

**UVU**  
ARCHITECTURE &  
ENGINEERING DESIGN



Michail Soumas, Architect  
Athens, Greece



# THE HCA WEBSITE IS LIVE!

[hellenicculturalassociationofutah.org](http://hellenicculturalassociationofutah.org)

Let's bring out the band and celebrate!



## AHEPA Jr. Band Salt Lake City, Utah

- Front row: Sam Velis, \_\_\_\_\_, Ernest Paulos, Andy Stavropoulos, Nick Velis, Marlapedras, Marlapedras
- 2<sup>nd</sup> Row: John Papanikolas, Bill Athas, Lou Athas, Nick Strike, George Stavropoulos, George Pappas, Andy Doros, Louis Cairo, Cosmo Cairo, Gus Papanikolas
- 3<sup>rd</sup> Row: Bill Floor, Margarite Stavropoulos, William Dokos Chris Dokos, Gus Floor, Nick Papanikolas, Steve Pantelakis, George Floor, Gus Paulos,
- Bk Row: Mr. Held, Bandleader, Peter S. Marthakis, Angie Stavropoulos, \_\_\_\_\_, Bill Delis, Maria Cairo, Nick Floor.

2002.656.0001



SCAN ME

Visit our new website  
to learn more about the HCA.



Orthodox Young Professionals  
Lenten Service Project  
**CLEANING THE CHURCHES**

Saturday, April 13<sup>th</sup>  
Prophet Elias  
10:00am – Noon  
Holy Trinity  
2:00pm – 4:00pm

We will clean for the two hours  
and then come together for a  
meal and fellowship.



**SIGN UP OPTIONS:**

Contact Catherine @ (775) 293-0191

Online: <https://tinyurl.com/352zyjr8>

Scan the QR Code:

*Everyone and  
anyone is  
invited and  
welcome to help!*



# +PHILOPTOCHOS CORNER+

## *Philoptochos Thank you*

Thank you to our generous community for supporting our Mardi Bras drive-by! We collected items and monetary donations to help the Salt Lake Mission Women's Center.

Join us for the Parish Lenten Retreat – *Saturday, April 20<sup>th</sup>* at Prophet Elias. See flyer for full details.

We are still collecting Membership through May 15<sup>th</sup>. QR code is available below or mail to:

Mary Katsanevas  
1911 E Millbrook Drive  
Salt Lake City, Utah 84106



Membership Dues

PHILOPTOCHOS



**Welcome Spring**



THE YOUNG AT HEART WILL HAVE THEIR LUNCHEON ON

THURSDAY APRIL 11

IN THE HELLENIC MEMORIAL HALL AT NOON.

COME JOIN US,

**Καλό Πάσχα!**

DESSERTS ARE





Our amazing chapter was featured in the March 2024 National Philoptochos Communication for our wonderful community sandwich day!

## Chapter Feature

### St. Philothea's Heartfelt Outreach: 1600 Sack Lunches for Salt Lake City's Community



In a beautiful display of compassion and unity, the devoted community of St. Philothea Philoptochos at Holy Trinity Greek Orthodox Cathedral, Chapter #8049 in Salt Lake City, Utah, recently undertook a heartwarming initiative. Inspired by their shared values of service and kindness, members joined hands to craft an impressive total of 1600 sack lunches, brimming with sandwiches and other essential items. With dedication, they poured their collective energy into this noble endeavor, aiming to make a tangible difference in the lives of others. Their generosity and selflessness shone brightly as they extended a helping hand to those in need, partnering with Catholic Community Services to spread love and sustenance throughout their community. Through their acts of charity, St. Philothea's faithful exemplify the timeless spirit of goodwill, embodying the profound impact that can be achieved when hearts unite in service to others.



# Parish Lenten Retreat

## Hosted by Philoptochos

Saturday, April 20, 2024 9:30am-1:00pm at Prophet Elias

### Guest Speaker – Fr. Dan Suciú

- 9:30-10:00 Continental Breakfast
- 10:00-12:00 Presentation
- 12:00-1:00 Lenten Potluck-please bring your favorite Lenten dish to share

Fr. Dan will be presenting on:

*“We are called to be Saints...”*

*In Adam and Eve, we were made in God’s “image and likeness”; Adam lost “the likeness”, but Jesus is the New Man, the full “image and likeness” of God. One of God’s essential characteristics is Holiness. Jesus is the real Holy Man and, in Him, all of us can become holy, Saints, His icons for those around us unto ours and their salvation.*

*“Suffering and challenges...”*

*The Western Christendom teaches, “Jesus suffered on the Cross FOR us”, that “He paid the Debt” we incurred in Adam and Eve. It is a legalistic approach to salvation and it can harm us when facing pain and suffering. The Eastern Christianity believes that “Jesus’s suffering on the Cross is, not only FOR us, but also IN us”, that His suffering expands in our own, making pain and suffering an OPPORTUNITY for salvation, rather than a tragedy”*

Fr. Dan was born on August 27, 1955 in Dumbraveni, central Transylvania, Romania. After graduating high school, he graduated in 1979 from the Theological Orthodox Institute of Sibiu, Romania and got admitted to the doctoral classes in theology at the Theological Institute of Bucharest. In September of 1982, he received a scholarship at the Princeton Theological Seminar to work on his doctoral thesis in Pastoral Theology. In January 1984, he accepted Archbishop Victorin’s call to work as a missionary for the Romanian Orthodox Missionary Archdiocese of North America. He spent 10 years in parishes in Canada after which he worked in parishes in the U.S. He was accepted in the GOA in 1996 and has been part of the Metropolis of Denver ever since. Fr. Dan is married to Delia Mihaiela and they are the parents of Sylvia (John) and Christopher, and grandparents of Daniel and Anna. Fr. Dan is presently retired and lives in San Antonio, Texas.

Parish Lenten Retreat  
Weekend – April 19 to 21, 2024  
With Fr. Dan Suciu  
At Prophet Elias Church



- Friday 7:00pm – Akathist Hymn with Sermon from Fr. Dan
- Saturday 9:30am – 1:00pm – Parish Lenten Retreat hosted by Philoptochos
- Saturday 6:00pm – 8:00pm Talk with Fr. Dan for Families, GOYA, YAL and Orthodox Young Professionals
- Sunday 9:00am – Orthros & Divine Liturgy with Sermon from Fr. Dan



# Arcadian Square

## Πλατεία της Αρκαδίας

### Arcadians April Event:

Pre-Sanctified Liturgy & Dinner

Wednesday, April 17, 2024

Prophet Elias, 6:00 PM

Dinner Immediately Following Services

(Approx 6:45 PM)

We will be attending Services as a group and hosting dinner for the parishioners in attendance.

We are asking the membership to bring a Lenten dish to share for dinner. You may bring items to the small kitchen in the gym at 5:30 pm prior to church.

Please sign up on the link below so that we can ensure that we have enough for everyone.

[https://docs.google.com/spreadsheets/d/1-H20EaTiGhSm47u7\\_MWx1OVafq8dsKI2CfZAJ1x75I/edit#gid=0](https://docs.google.com/spreadsheets/d/1-H20EaTiGhSm47u7_MWx1OVafq8dsKI2CfZAJ1x75I/edit#gid=0)

You may call, text or email Nicole with your selections or for any questions.

801-556-8664

n\_fivecents@hotmail.com

*Salt Lake City Arcadians Chapter #90 "Theodoros Kolokotronis"*



# METROPOLIS OF DENVER

CAMP & RETREATS 2024

JUNE 23-29

CAMP EMMANUEL

LARKSPUR, CO

Early Bird Registration - \$550 First 50 spots  
or through April 14 -- whichever occurs first

Regular Registration - \$575 Next 50 spots  
or through May 14 -- whichever occurs first

Late Registration - \$650

Scholarships are available through the metropolis

FOR MORE INFO EMAIL

MINISTRIES@DENVER.GOARCH.ORG

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the parishioners in attendance.

We would like to ask the membership to bring a Lenten dish to share for the dinner.

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Please sign up on the link below so that we can ensure  
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[https://docs.google.com/spreadsheets/d/1-](https://docs.google.com/spreadsheets/d/1-H20EaTiGhSm47u7_MMk10Vafq8dsK12Cf7AJ1x75I/edit#gid=0)

[H20EaTiGhSm47u7\\_MMk10Vafq8dsK12Cf7AJ1x75I/edit#gid=0](https://docs.google.com/spreadsheets/d/1-H20EaTiGhSm47u7_MMk10Vafq8dsK12Cf7AJ1x75I/edit#gid=0)

You may call, text or email Nicole with your selections or for any questions

801-556-8664

n.fivecents@hotmail.com



For

**SAVE THE DATE**

JR & SR GOYA  
**MYSTERY BUS  
EVENT**



**MAY 18  
9:45 AM - 6:30 PM**



*National*

**YAL CONFERENCE**

**San Diego, California | July 3-7, 2024**

**U N I F Y**



Please scan the QR code or click [HERE](#) for YAL National conference booking information

# Daughters of Minos



## Mother's Day Brunch: Aprons of Time

Seeking cherished family  
aprons - let us display it!  
Call Andrea 801.699.7528

*Saturday, May 11th at 10:30AM*  
*Little America Hotel*



Brunch, fashion show, raffle  
\$65/ADULT \$35/CHILDREN 12 AND UNDER  
Open seating only, RSVP by May 1st

Purchase tickets at [www.bit.ly/3Vy0tgk](http://www.bit.ly/3Vy0tgk),  
use the QR code, or call Georgiann 801.450.0187

# ANNOUNCEMENTS

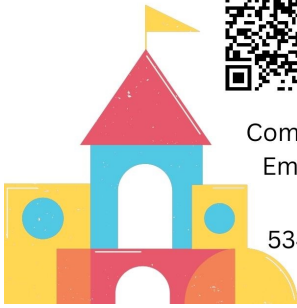


## Saint Sophia School

Discover, Explore, Imagine, Create

### Enrollment open for 2023-2024

- Toddlers (18 mo. - 2 1/2 yrs.)
- Early Three
- PreK-3
- PreK-4
- Kindergarten (Full Day)



Come join us for a wonderful school year!

Email: [director@saintsophiaschool.org](mailto:director@saintsophiaschool.org)

Phone: 801-424-1297

5341 S. Highland Drive, Holladay Utah

## SAVE THE DATE

Watch for more information on the upcoming events below

### Spring Parish Assembly ~

Sunday, April **21** at PE ~ Note \*new date

12:00pm Lunch & 12:30pm Assembly begins.

For items to submit to the *printed* bulletin, the deadline remains 3pm on Wednesday of each week, however, please include both email addresses below, so there are no delays in forwarding between us in the office.

[churchoffice@gocslc.org](mailto:churchoffice@gocslc.org) AND [kim@gocslc.org](mailto:kim@gocslc.org)

**Thank you** for your assistance in enabling us to reach our bulletin deadline.